

COVID-19 Testing and Quarantine FAQ's Updated 12/28/2021

<p>What is Considered Direct Exposure to COVID-19?</p>	<p>People who have been in close contact/direct exposure with someone who has COVID-19 or are exhibiting COVID-19 symptoms.</p> <p>What counts as close contact?</p> <ul style="list-style-type: none"> • You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more • You provided care at home to someone who has tested positive for COVID-19 • You had direct physical contact with the person (hugged or kissed them) • You shared eating or drinking utensils • They sneezed, coughed, or somehow got respiratory droplets on you 	
<p>Steps to Take During Quarantine after Direct Exposure</p>	<p>If you: Have been boosted OR Completed the primary series of Pfizer or Moderna vaccine in the past 6 months OR Completed the primary series of J&J vaccine in the past 2 months</p>	<ul style="list-style-type: none"> • Wear a mask around others for 10 days • Test on day 5, if possible <p><i>If you develop symptoms get a test and stay home</i></p>
	<p>If you: Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted OR Completed the primary series of J&J vaccine over 2 months ago and are not boosted OR Are unvaccinated</p>	<ul style="list-style-type: none"> • Stay home for 5 days. After that continue to wear a mask around others for 5 additional days. • If you can't quarantine you must wear a mask for 10 days. • Test on day 5 if possible. <p><i>If you develop symptoms get a test and stay home</i></p>
<p>When Should Testing Occur?</p>	<p>Symptoms include fever (100.4°F), cough, shortness of breath, or other symptoms of COVID-19</p> <ul style="list-style-type: none"> • Testing should occur 5-days post-exposure OR • You develop symptoms 	
<p>Antigen Testing</p>	<ul style="list-style-type: none"> • Rapid tests are antigen tests, the COVID-19 equivalents of a rapid strep test • As with all rapid tests, there's a balance between speed and accuracy • The characteristics of the antigen testing technology may infrequently result in a "false positive" in patients without symptoms. • To ensure testing accuracy PCR testing will be performed on all patients that are not exhibiting COVID-19 symptoms that have had a direct exposure 	

PCR Testing	<ul style="list-style-type: none"> • PCR testing is the most sensitive and specific test available; however no single test is 100% accurate
How to Get Your Test Results	<p>Rapid Antigen Test</p> <ul style="list-style-type: none"> • If you receive a rapid antigen test, you MUST STAY at the testing facility to receive your results. If you need a copy of your results, please request one as you wait <p>PCR Test</p> <ul style="list-style-type: none"> • You will receive your results via a secure portal within 2-4 business days • Login or create an account on the LapCorp patient portal at: patient.labcorp.com (link must be entered exactly as shown).

Isolation Guidelines for a Positive Test Result

Positive Test Result	<p>Regardless of your vaccination status the CDC (Center for Disease Control) recommends:</p> <ul style="list-style-type: none"> • Stay home for 5 days • If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house. Stay home until you are fever free for 24 hours (<100.0). • Continue to wear a mask around others for 5 additional days.
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Reference: [CDC Updates and Shortens Recommended Isolation and Quarantine Period for General Population | CDC Online Newsroom | CDC](#)

We realize you are in quarantine, and your results are very important. Please check the LabCorp Portal for your results. We will call all positives.

You need to quarantine until you have your PCR results